



IBS DAYS

New insights for a better management of irritable bowel syndrome

May 17 - 19, 2018

Royal Carlton Hotel - Bologna, Italy

Preliminary Program



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA
DIPARTIMENTO DI SCIENZE MEDICHE E CHIRURGICHE



SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Ospedaliera - Università di Bologna

Poliambro S. OrsolaMalpighi



Comune di Bologna



Scienze Italiane di Neuro-Gastro-Enterologia e Malattie



www.ibsdays2018.it

Dear Colleagues,

I am delighted to welcome you to the second edition of IBS Days 2018.

With this meeting, we would like to provide current views and a look to the future on the rapidly advancing field of IBS. We have prepared an exciting programme including Rome IV criteria, epidemiology, the role of genetic factors, diet, microbiota, inflammation and infection, diagnosis and biomarkers, as well as current and future therapeutic approaches. The format is based on State of the Art Lectures and Hot off the press papers based on original data. These lectures will be presented by a distinguished Faculty together with the contribution of young investigators. We hope that the meeting will promote friendship, exchange of ideas, opinions, discussion of cases and development of research projects that would ultimately make advance the field and improve the management of our patients.

I hope you will enjoy the scientific programme, the medieval atmosphere of the city with its ancient University (A.D. 1088), as well as the renowned Bologna cuisine.

A handwritten signature in black ink, appearing to read 'G. Barbara', with a stylized, cursive script.

Giovanni Barbara
Congress Chair

CONGRESS CHAIR

Giovanni Barbara, *Italy*

SCIENTIFIC COMMITTEE

Vincenzo Stanghellini - Chair, *Italy*

Maura Corsetti, *UK*

Maria Raffaella Barbaro, *Italy*

Cesare Cremon, *Italy*

FACULTY

Juliet Ansell, *New Zealand*

Fernando Azpiroz, *Spain*

Giovanni Barbara, *Italy*

Maria Raffaella Barbaro, *Italy*

Guido Basilisco, *Italy*

Gabrio Bassotti, *Italy*

Franco Bazzoli, *Italy*

Massimo Bellini, *Italy*

Guy Boeckxstaens, *Belgium*

Patrizia Brigidi, *Italy*

Michael Camilleri, *USA*

Anna Ottani Cavina, *Italy*

Lin Chang, *USA*

Giuseppe Chiarioni, *Italy*

Stephen Collins, *Canada*

Enrico Corazziari, *Italy*

Maura Corsetti, *UK*

Cesare Cremon, *Italy*

Rosario Cuomo, *Italy*

Mauro D'Amato, *Spain*

Roberto De Giorgio, *Italy*

Wouter de Jonge, *The Netherlands*

Douglas Drossman, *USA*

Paul Enck, *Germany*

Alessio Fasano, *USA*

Alexander Ford, *UK*

Antonio Gasbarrini, *Italy*

Uday Ghoshal, *India*

Kok Ann Gwee, *Singapore*

Pali Hungin, *UK*

Ching Lam, *UK*

Fermin Mearin, *Spain*

Megan Rossi, *UK*

Carmelo Scarpignato, *Italy*

Jordi Serra, *Spain*

Magnus Simren, *Sweden*

Robin Spiller, *UK*

Vincenzo Stanghellini, *Italy*

Jan Tack, *Belgium*

Umberto Volta, *Italy*

Julian Walters, *UK*

Opening Ceremony - Thursday May 17th

Venue

17.30 **Welcome**

Giovanni Barbara and **Vincenzo Stanghellini**, *University of Bologna*

Antonino Rotolo, *Prorector, University of Bologna*

Fabrizio De Ponti, *President, School of Medicine, University of Bologna*

Antonella Messori, *General Director, St. Orsola-Malpighi Hospital, Bologna*

Pierluigi Viale, *Director, Department of Medical and Surgical Sciences, University of Bologna*

Gilberto Poggioli, *Chief of Surgery of Alimentary Tract, Department of Digestive Diseases, St. Orsola-Malpighi Hospital*

18.30 **Lecture**

Discovering Bologna. The secret charme of a city

Anna Ottani Cavina, *Emeritus Professor of History of Art, University of Bologna*

19.30 **Cocktail**

Program - Friday May 18th

Royal Carlton Hotel

07.00 **Registration**

08.00 **Programme Overview**

Giovanni Barbara (Italy)

Session I - Clinical Practice

Chairs: Douglas Drossman (USA), Vincenzo Stanghellini (Italy)

08.30 **The Global Burden of IBS**

Jan Tack (Belgium)

08.55 **History and Impact of the Rome Foundation and Rome IV and its Future in GI Health Care**

Douglas Drossman (USA)

09.20 **How to Use the Rome IV Criteria in Clinical Practice**

Fermin Mearin (Spain)

09.45 **What Is Important to Know About Bowel Habit**

Enrico Corazziari (Italy)

10.10 **Coffee Break**

Session II - Clinical Phenotype

Chairs: Jan Tack (Belgium), Guido Basilisco (Italy)

10.40 **When and How to Exclude an Organic Disease**

Alexander Ford (UK)

11.05 **Why is Gender So Important in IBS?**

Lin Chang (USA)

11.30 **Tandem Talk on Gas-Bloating**

All in the Diaphragm

Fernando Azpiroz (Spain)

All in the Gut

Maura Corsetti (UK)

12.20 **Usefulness of Clinical and Laboratory Biomarkers**

Magnus Simren (Sweden)

12.45 **Lunch Break**

13.00 - 14.00

BIOCURE SATELLITE SYMPOSIUM

IBS treatment and “targeted” probiotics: what’s new?

Supported by: Biocure-gruppo PiLeJe

Giove Room

Session III – Clinical Phenotype

Chairs: Stephen Collins (Canada), Gabrio Bassotti (Italy)

14.15 **How to Improve the Patient-Physician Relationship**

Douglas Drossman (USA)

14.45 **IBS in Primary Care**

Pali Hungin (UK)

15.10 **Overlapping Functional GI Disorders**

Kok Ann Gwee (Singapore)

15.35 **Tandem Talk on Genetic Factors:**

The Basic Scientist View

Mauro D’Amato (Spain)

The Clinician Perspective

Michael Camilleri (USA)

16.25 **Coffee Break**

Session IV – Hot Off the Press

Chairs: Massimo Bellini (Italy), Roberto De Giorgio (Italy)

16.45 **Mucosal Barrier and Permeability**

Maria Raffaella Barbaro (Italy)

17.10 **Intestinal Fungal Dysbiosis Is Associated With Visceral Hypersensitivity in Patients With Irritable Bowel Syndrome and Rats**

Wouter de Jonge (The Netherlands)

17.25 **Volatile Organic Compounds in Feces Associate With Response to Dietary Intervention in Patients With Irritable Bowel Syndrome**

Megan Rossi (UK)

17.40 **Distinct Abnormalities of Small Bowel and Regional Colonic Volumes in Subtypes of Irritable Bowel Syndrome Revealed by MRI**

Ching Lam (UK)

17.55 **Adjour**

19.30 **Social Dinner**

Program - Saturday May 19th

Royal Carlton Hotel

Session V – Microenvironment and Gut-Brain Axis

Chairs: Jordi Serra (Spain), Patrizia Brigidi (Italy)

08.30 **Gut Microbiota: What is New**

Antonio Gasbarrini (Italy)

08.55 **The Microbiota-Brain Axis**

Stephen Collins (Canada)

09.20 **IBS / Tropical Sprue Overlap**

Uday Ghoshal (India)

09.45 **Neuro-Immune Interactions: Clinical and Therapeutic Perspectives**

Guy Boeckxstaens (Belgium)

10.10 **The Biopsychosocial Model of FGDs**

Paul Enck (Germany)

10.35 ***Coffee Break***

Session VI – Dietary Factors

Chairs: Rosario Cuomo (Italy), Umberto Volta (Italy)

11.05 **Non-Celiac Gluten Sensitivity**

Alessio Fasano (USA)

11.30 **FODMAPs**

Robin Spiller (UK)

11.55 **Kiwifruit for IBS-C Effect on Symptoms and Microbiota**

Juliet Ansell (New Zealand)

12.20 **Probiotics**

Cesare Cremon (Italy)

12.45 **Clinical effect of a probiotic mixture on gut-specific anxiety and HRQoL**

Jordi Serra (Spain)

12.55 ***Lunch Break***

Session VII – Pharmacological Management

Chairs: Franco Bazzoli (Italy), Giuseppe Chiarioni (Italy)

- 13.45 **The role of imaging in the diagnosis of bile acid disease**
Julian Walters (UK)
- 14.10 **Non-Absorbable Antibiotics**
Carmelo Scarpignato (Italy)
- 14.35 **Opioid Receptor Modulators for IBS-D**
Jan Tack (Belgium)
- 15.00 **New Therapeutic Perspectives**
Michael Camilleri (USA)
- 15.25 **Concluding remarks**
Giovanni Barbara (Italy)
- 15.30 **CME Questionnaire**

* Some of the lectures have been sponsored by an unrestricted grant from the industry (Alfa Sigma, Allergan, GE, Mayoly).

CONGRESS INFORMATION

Congress Venue

May 17th 2018

Opening Ceremony

ROYAL CARLTON HOTEL

Via Montebello 8 - Bologna - Italy

Tel. + 39 051 249361

www.royalhotelcarltonbologna.com

May 18th-19th 2018

Congress Venue

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May 18th 2018

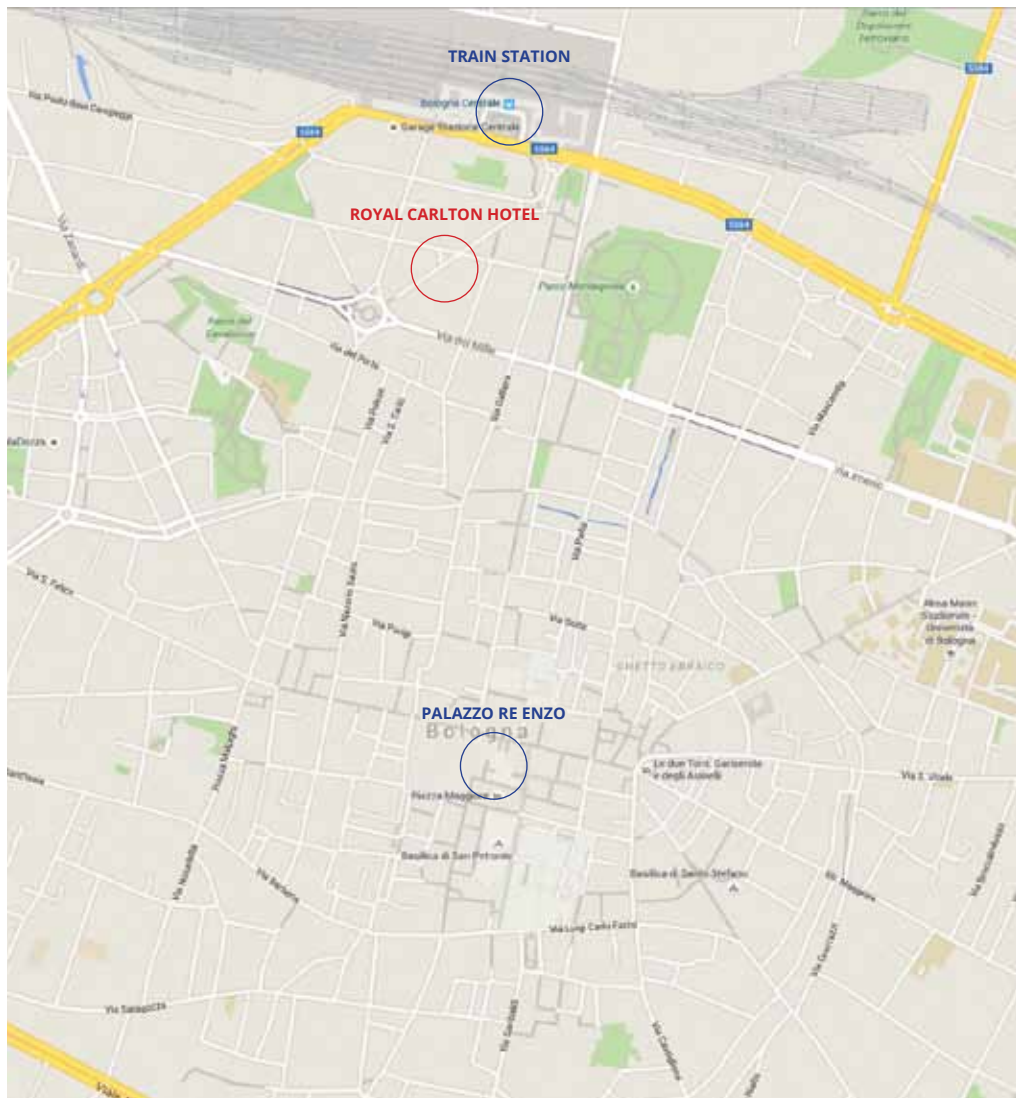
Social Dinner

Palazzo Re Enzo

Piazza del Nettuno, 1/C, Bologna

Tel. +39 051 658 3121

www.palazzoreenzo.com



Congress Counter and Registrations

All congress materials and documentations are available at the Congress Counter which is located at the 1st floor of Royal Carlton Hotel.

Opening Hours

The Congress Counter will be open at the following times:

Thursday	May 17 th , 2018	from 13.00 to 15.30
Friday	May 18 th , 2018	from 7.00 to 18.00
Saturday	May 19 th , 2018	from 7.30 to 16.00

During the opening hours the Congress Secretariat can be contacted at:

Mobile Phone +39 346 0394052

Contact person: Michela Gorgoglione

REGISTRATION FEES

Registration fee option	Early Fee until February 19 th , 2018	Late Fee after February 19 th , 2018
Regular Participant Fellow*	549,00 € 244,00 €	671,00 € 366,00 €
Accompanying Person**	183,00 €	183,00 €

The registration fee includes: 22% VAT, Admittance to scientific sessions, Access to exhibition area, Congress kit, Lunch breaks, Coffee breaks, CME/EACCME Certificate and Certificate of Attendance, Admittance to Opening Ceremony and Cocktail (May 17th) and Social Dinner (May 18th).

(*) Applicants must be under 40 years of age and a certificate from the supervisor or Head of Department must be forwarded by email to m.gorgoglione@planning.it together with the registration fee payment receipt.

(**) Accompanying Persons are people who will accompany the participants at the conference. Accompanying persons will not be admitted to attend the Scientific Programme. The registration fee includes Opening Ceremony, Cocktail (May 17th) and Social Dinner (May 18th).

On-site Registration

On-site registration will be processed on a first-come, first serve basis. Priority will be given to pre-registered delegates. Please note that depending on the number of on-site registered delegates, availability of congress material may be limited.

Cancellation policy

All amendments or cancellations should be submitted by email to Planning Congressi S.r.l.. The cancellation will be accepted within April 13th, 2018. Before this date the 50% of the amount will be refunded. Please note that bank administration fee will not be reimbursed. No refund will be made for cancellations received after April 13th, 2018.
ALL THE REIMBURSEMENTS WILL BE MADE AFTER THE CONGRESS.

Continuing Medical Education (CME)

Planning Congressi S.r.l. is a CME provider - identification code no. 38 - and has assigned to the event no. 38-219643 no. 3,8 credits for Physicians of the following disciplines:

Gastroenterology
Internal Medicine
Clinical Pharmacology and Toxicology
Paediatric (Paediatricians)
Epidemiology
Family Medicine
Clinical Pathology (Clinical Chemistry Laboratory and Microbiology).

Please be aware that for the acquisition of credits it is mandatory to have attended the 100% of the whole duration of the congress and selected at least the 75% of correct answers of the CME questionnaire.

European CME credits (ECMEC's)

The event, code no. XXX was granted XX European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

Name Badges

Participants are asked to wear their name badge at all times during the congress.
The colours of the name badges have the following meaning:

Faculty:	orange
Participants:	blue
Fellows:	yellow
Guests:	purple
Accompanying persons:	pink
Exhibitors:	green
Staff:	red

Congress Language

The official language of the congress is English. Please note that the simultaneous translation from English into Italian will be provided.

Certificate of Attendance

A certificate of attendance will be handed out upon request at the Organizing Secretariat counter at the end of the Congress. Please note that the CME certificate will be sent by email by 90 days.

Abstracts

Abstracts of all lectures will be uploaded on a USB Flash Drive and will be delivered together with the congress material.

Programme Changes

The organizers cannot assume liability for any changes in the conference programme due to external or unforeseen circumstances.

Speaker Centre

The Speakers' Centre is located at the 1st floor of Royal Carlton Hotel.

Speakers are kindly requested to hand an USB stick containing the Power Point presentation (IBM format or compatible, no multisession) preferably one day before their talk, but at the latest three hours prior their talk.

Due to time and technical reasons, we kindly ask the speakers not to use their own notebook.

Opening Hours

The Speaker Centre will be open at the following times:

Thursday	May 17 th , 2018	from 13.00 to 15.30
Friday	May 18 th , 2018	from 7.00 to 18.00
Saturday	May 19 th , 2018	from 7.30 to 16.00

Mobile Phones

Participants are kindly requested to keep their own mobile phones turned off while attending the scientific sessions in the meeting room. Photos or video recording of the meeting is strictly prohibited.

Cloakroom

A cloakroom can be used free of charge from May 18th to May 19th, 2018. Participants can also store therein their luggage. The cloakroom is located at the 1st floor of Royal Carlton Hotel.

Lunches

Lunches will be served free of charge for all registered participants at the scheduled time on May 18th and May 19th, 2018.

Coffee breaks

Coffee and tea will be served free of charge for all registered participants during morning and afternoon breaks provided on May 18th and May 19th, 2018.

Shuttle buses

Shuttle buses will be provided on request in order to reach the Social Dinner venue on May 18th, 2018. Please ask for information at the Congress Secretariat Counter.

Parking

The underground parking of Royal Carlton Hotel is available at the following rates: € 2.00 per hour or € 25.00 per day.

Insurance/Liability

The organizers does not accept any liability for damages and/or loss of any kind which may be incurred by the congress participants or by any person accompanying them during the congress official activities.

Delegates participate in all tours/event at their own risk.

Participants are therefore advised to take out insurance against loss, accident or damage that could be incurred during the congress.

Organizing Secretariat – CME Provider

WE DRIVE YOUR EDUCATION

PLANNING

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IBS DAYS 2018

New insights for a better management of irritable bowel syndrome

The bottom of the page features a decorative graphic consisting of two overlapping geometric shapes. On the left, there is a light blue trapezoidal shape that tapers towards the right. On the right, there is a white trapezoidal shape that tapers towards the left, creating a central white triangular area where they meet.